



# CENTER FOR PSYCHOLOGY

## VITA

### William D. Adrion, Psy.D.

PSYCHOLOGIST

#### PROFESSIONAL EXPERIENCE

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##### **1989 - Present**

*Private Practice, Center for Psychology, Columbus, Ohio*

Specialization in working with Compulsive Disorders, Addiction, Adult Survivors of Sexual Abuse and Anxiety Disorders. Individual and group psychotherapy.

##### **1987 - 1993**

*Director of Mental Health Utilization Review, Blue Cross/Blue Shield/Health Options of Florida, Inc.*

Responsible for the design, implementation and maintenance of an HBO mental health service delivery system in a five county area in Central Florida. Inpatient and outpatient services are provided and monitored in terms of quality assurance and cost containment.

##### **1985 - 1987**

*Chief of Staff, Waterfront Center for Psychology, 211 East Ruby Ave., Suite B, Kissimmee, Florida 32741*

Served as Chief of Staff of a private outpatient psychological services center designed to provide high quality psychological services to a population seeking an alternative to the community mental health system. Waterfront Center is owned and operated by Mental Health Services of Ocala County, Inc. Development of and provision of services for an Employee Assistance Program that focuses on alcohol and drug education and rehabilitation.

##### **1984 - 1989**

*Private Practice, 2600 Lake Lucien Drive, Suite 200 North, Maitland, Florida 32751*

Population consisting primarily of adults and families, specializing in the treatment of anxiety, marital problems, depression, sexual dysfunction, and lifestyle related stress disorders.

##### **1984-1989**

*Partner, South Bay Center for Psychology, 7479 Conroy Road, Orlando, Florida 32811*

Partner and provider of direct services. Outpatient psychological services center developed by Human Services Group, Inc. Provision of psychological services to a diverse population including adults, couples, families, and adolescents. Psychological evaluation and testing services are also provided.

*Partner, Human Services Group, Inc., P.O. Box 301, Winter Park, Florida 32790*

Involved in the development of an alternate mental health care delivery system that focused on cost containment and quality assurance. Functioning as a Preferred Provider Organization, Human Services Group contracted with insurance companies, prepaid plans, HMOs and hospitals to provide a full range of psychological and psychiatric services. Human Services Group has serviced contracts with: Cigna Healthplan of Florida, Inc., Metlife Health Network, Inc. and provided services for several EAPs (Employee Assistance Programs) in the central Florida area.



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### **1984-1986**

*Psychological Consultant, State of Florida, Department of Health and Rehabilitative Services, residential treatment facility*

Initial contract consisted of a six month program involving the training of a 14 member staff in behavioral treatment strategies and interpersonal skills with subsequent contracting of psychological services for the resident population including assessment, individual and group psychotherapy, and staff consultation.

### **1984-1985**

*Staff Psychologist, Mental Health Services of Osceola County, Inc., Kissimmee, Florida 32741*

Responsible for providing direct services, supervision of Doctoral and Masters level interns, inservice staff and organizational development and implementation of psychoeducational programs in the community.

### **1983-1984**

*Psychological Intern, Mental Health Services of Osceola County, Inc., Kissimmee, Florida 32741*

Provided individual and group psychotherapy with an extremely diverse population. Areas of specialization: Marriage Counseling, Divorce Mediation, Affective Disorders, Treatment of Premenstrual Syndrome.

### **1982-1983**

*Brevard Mental Health Centers & Hospital, Inc., Melbourne, Florida. Inpatient Psychiatric and Crisis Unit*

Provided individual and group psychotherapy, crisis assessment and intervention. Development and implementation of the group psychotherapy component of multidisciplinary treatment approach for inpatient substance abusers.

### **1981-1982**

*Psychological Services, Inc., Florida Institute of Technology, School of Psychology*

Provided individual and group psychotherapy, couples therapy, and divorce mediation to a population in and around the Melbourne area. Majority of the patients were participants in an EAP at Harris Corp.

### **1980-1981**

*The Center for Student Development, Florida Institute of Technology*

Provision of vocational assessment and counseling. Individual and group psychotherapy with a college population.

## PROFESSIONAL ASSOCIATIONS

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### **1984-2003**

Member, The American Psychological Association

Division 29 – Psychotherapy

Division 42 – Psychologists in Independent Practice

### **1984-2003**

National Register for Health Service Providers in Psychology



## CENTER FOR PSYCHOLOGY

### **1989-2003**

Member - The Ohio Psychological Association

By-Laws Review Committee (1990-1998)

Board of Directors, Chair of Insurance Committee (1990-1993)

Ethics Committee (1989-2000)

### **1983-1990**

Member, The Florida Psychological Association

## **PUBLICATIONS, PRESENTATIONS AND ARTICLES**

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### **1993**

*The Psychology Group Professional Workshop, Mind As Healer, presented at the Fawcett Center for Tomorrow, The Ohio State University*

Eight-hour workshop covering different aspects and techniques of psychoneuroimmunology (PNI). Experiential training in several relaxation/mediation techniques in addition to an overview of classical Ayurvedic theory was presented. A Jungian psychology technique of Irving Oyle, M.D. was taught.

### **1989**

*Cigna Healthplan of Central Florida, Inc.*

Four three-hour workshops to Subscribers, "Managing a Stressful Environment". Florida Association of HMOs.

### **1988**

*United Systems and Software, Inc., Maitland, Florida*

Two year contract to provide quarterly stress management seminars to a privately held Corporation with 250 employees. Provided organizational consultation to the Board of Directors during an internal reorganization.

*National Association of Executive Staff Council, Mental Health Associations, South Carolina*

Organizational Consultant/Facilitator, Facilitation of re-organization of the executive committee and Board of Directors. Four day closed meeting.

*Cigna Healthplan of Central Florida, Inc.*

Inservice Presentation "Management of Stress Disorders".

### **1987**

*Metropolitan Alcoholism Council, Orlando, Florida*

Consultant, conducted inservice workshops for clinical staff focusing on treatment strategies, group dynamics, and stress management techniques for the substance abuse professional.

### **1986**

*Executive Council of the National Mental Health Association, Washington, D.C.*



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Organizational Consultant, facilitated the reorganization of Executive Staff Council in a three day closed seminar with the executive committee of the Board of Directors of Executive Staff Council.