



CENTER FOR PSYCHOLOGY

VITA

Abby Surbella, M.Ed., LPC

LICENSED PROFESSIONAL COUNSELOR

PROFESSIONAL EXPERIENCE

2009-Present

Therapist, Center for Psychology, Columbus, Ohio

Therapy for children, adolescents, and adults using a wellness model as a framework for her work. Emphasis on the importance of learning about the social/cultural background and ideologies of her clients, their stage of development, and other factors important in the client-counselor relationship and treatment.

2008-2010

Contract Therapist, Children's Advantage, Ravenna, Ohio

Completed intake evaluations for individuals presenting with a wide range of mental health concerns. Provided individual and family therapy. Leader and/or co-leader of social skills groups for children affected by Pervasive Developmental Disorders. School consultation for Ravenna City Schools. Worked in collaboration with case managers at agency and other community resources in Portage County.

2006-2007

Counseling Intern, Hudson Youth Development Center, Hudson, Ohio

Conducted group and individual counseling sessions, psychosocial assessments, and family conferences for adolescents court-ordered to the facility related to their involvement with the juvenile justice system in Cuyahoga County.

2007

Counseling Intern, Canton Montessori School, Canton, Ohio

Structured and facilitated group experiences intended to enhance the emotional and social development of children ages 5-13.